



- KEEPING OUR FAMILIES SAFE & HEALTHY
- OFFERING EXPERIENCES TO LAST A LIFETIME
- DOING GOOD THINGS FOR KIDS, ALWAYS

We remain committed to protecting our Gym Starz families and employees by creating a specific guide that will help prevent the spread of disease.

	PHASE 1 (1:10 RATIO)	PHASE 2 (1:50 RATIO)	PHASE 3 (NORMAL RATIOS)
	GYM STARZ FIRST TO RETURN TEAM PROGRAMS	GYM STARZ SECOND TO RETURN 1:4 REDUCED CLASSES 1:1 PRIVATE LESSON	GYM STARZ THIRD TO RETURN RESUME ALL REGULAR PROGRAMS
Employee Guidelines	<ul style="list-style-type: none"> • Staff will follow illness policy including temperature checks and 24 wellness standards • Staff will wash/sanitize hands prior to/at the conclusion of and between classes • Staff will have limited direct physical contact with children (spotting is limited to necessity for all instructional classes) • Staff will be diligently trained on procedures and prepared to enforce any distancing protocols. • Staff will adhere to PPE requirements set by the Delaware department of health. Masks will be worn in Phase 1 and 2. • Employee travel will be monitored and isolation following travel will adhere to Governor of DE recommendations. 		
Building Program	<ul style="list-style-type: none"> • Facility team on site to disinfect and sanitize in prep for "return to work" (using COVID-19 EPA recommended cleaners) • Use of Bioesque and other recommended products effective against Covid-19 throughout the building prior to open and throughout each day. • All surface areas will be disinfected/sanitized multiple times daily once reopened. • Hand Sanitizer stations throughout the building will be accessible and monitored for refill • Drinking fountains will be CLOSED & covered. Students are encouraged to bring in/out of building a clearly labelled water bottle. Bottles left behind will be discarded immediately. Will reopen in Phase 3 		
Entering the Building	<ul style="list-style-type: none"> • Drop off/Pick up if able; a staff member will be stationed at the front door to monitor children's safety. • Temperature check of students; athletes who appear ill or who have a temp over 99.5 will be sent home. • Students and parents MUST sanitize/wash hands upon entering the building. • NO more than 1 Adult in lobby per child. Chairs in waiting room are reduced & 6 feet apart (DO NOT Move!). • Adults MUST be wearing masks in lobby & will be available for purchase. \$1.00 		
Traffic Flow Physical Distancing Facility Ratio	<ul style="list-style-type: none"> • Athletes and Parents will use scheduled class times to enter and exit the building to control physical distancing. • Classes will be staggered by time. You may only enter 5 minutes prior to your class or 1:1 lesson. Please wait in your vehicle until your class time, we love early birds, but in this case, we will run on a time schedule. • 250sqft/athlete in the gym for teams • Class sizes will be reduced to a 1:4 ratio until phase 3 		
Prior to class	<ul style="list-style-type: none"> • Arrive NO more than 5 minutes prior to your scheduled class time • Students will sanitize feet upon entering the gym floor by walking on a SaniStride Sports Sanitizing Mat containing disinfectant safe for skin. • Employees will have disinfected/sanitized all equipment, entrance/exit points of program and waiting area. 		
During Class	<ul style="list-style-type: none"> • Athletes will sanitize/wash hands (supervised) after every rotation • Lesson plans will be modified to omit partner activities, & limit the use of props. Props used will be sanitized after each individual student's use. • Stations and activities will be modified to allow safe distance between children. • Porous surfaces such as carpet squares and bean bags will be temporarily taken out of use, as well as the foam pit will be closed until further notice. • Athletes will stretch/body shape/strength on vinyl non-porous mats that can be cleaned immediately following each use. • Each athlete will keep chalk in a personal plastic container. The chalk bin will be closed until further notice. • Grips will be kept in a separate sealed bag to be carried on their person to and from their lockers (This applies to team only). 		
After Class	<ul style="list-style-type: none"> • Athletes & waiting parents will exit the building immediately. There will be NO lingering allowed or lengthy conversations. • Athletes being picked up will be waiting with staff and allowed to leave once parent arrives at front door. When Child can see parent at the front door they will be released to parent. They may not walk out into the parking lot to your car, they need to see you. • Employees will begin to disinfect/sanitize all areas immediately to get ready for the next group. • Next group will arrive ON TIME and no sooner to begin the process again. 		